



Illness Policy

In this policy, "Team Member" includes a player, volunteer, participant, parent or spectator.

- Inform an individual in a position of authority (coach, team manager, program coordinator) immediately if you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

Assessment

- All Team Members must complete a COVID-19 screening before participating in any PMFSA activities.
- Managers/coaches will visually monitor Team Members for any early warning signs regarding a decline in their health and will check-in on how Team Members are feeling throughout the practice/activity.
- If Team Members are unsure, please have them use the self-assessment tool.
<https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self- assessment tool.

If a Team Member is feeling sick with COVID-19 symptoms

- They should remain at home and contact Health Link BC at 8-1-1.
- If they feel sick and /or are showing symptoms while participating in any PMFSA related activity, they will be advised wash or sanitize their hands, provided a mask and be sent home immediately. They will need to contact 8-1-1 or a doctor for further guidance.
- No Team Member may participate in a practice/activity if they are symptomatic.
- If a Team Member becomes severely ill (e.g., difficulty breathing, chest pain) call 911. Clean and disinfect any surfaces that the ill person has encountered.

If a Team Member tests positive for COVID-19

- The Team Member will not be permitted to return to the PMFSA activities until they are free of the COVID-19 virus.
- Any Team Members who work/play closely with the infected Team Member will also be removed from the practice/facility/softball activity for at least 14 days to ensure the infection does not spread further.
- Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.

If a Team Member has been tested and is waiting for the results of a COVID-19 Test

- As with the confirmed case, the Team Member must be removed from the PMFSA activity.
- The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- Other Team Members who may have been exposed will be informed and removed from the PMFSA activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- The PMFSA space will be closed off, cleaned, and disinfected immediately as well as any other surfaces that could have potentially been infected/touched.

Team Members must advise their coach/PMFSA Executive if they reasonably believe they have been exposed to COVID-19.

- Once the contact is confirmed, the Team Member will be removed from the PMFSA activity for at least 14 days or as otherwise directed by Public Health Authorities.
- Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.
- The PMFSA area will be closed off, cleaned, and disinfected immediately as well as any other surfaces that could have potentially been infected/touched.

Quarantine or Self-Isolate.

- Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate for a period of 14 days.
- Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.